

BALFOLK.NL: CODE OF CONDUCT

ENGLISH
VERSION

NOVEMBER,
2018

BAL FOLK = ALL SORTS OF MODERN AND TRADITIONAL DANCES TO LIVE,
WESTERN EUROPEAN FOLK MUSIC. THEY'RE DANCED IN COUPLES, GROUPS OR ALONE.
HERE YOU'LL FIND THE BASIC GUIDELINES & TIPS FOR OUR EVENTS:

UNIVERSAL:

We aim
for everyone
to feel **SAFE & WELCOME** at
our events.

BE KIND TO EACH OTHER, WE
**DO NOT TOLERATE
DISCRIMINATION**



(i.e. based on race, gender, sexuality,
disability, appearance, religion, dance
level/role, and everything else)

Wear whatever
you like: there is
NO DRESSCODE
(but please do wear **something**)

Everybody (f/m/x)
may dance with each
other and choose to
lead or follow.

Verbal or
physical
intimidation
is **NEVER**
acceptable.

> If you behave in an
unacceptable way,
the organisers may
talk to you about
it and in the worst
case ban you from
the event.

**RESPECT OUR
MUSICIANS**

for example,
don't talk louder
than the music

**ABOVE ALL: IF SOMETHING
DOESN'T FEEL RIGHT - DON'T DO IT.
RESPECT THAT OF OTHERS TOO.**

ASKING:

Feel free to ask
anyone to dance, even
when you don't know
them (yet).

Don't feel obliged to
dance with someone.
**You can always say
'no' without giving
a reason.**

^ accept this from
others too

TAKE CARE OF
**PERSONAL
HYGIENE**

You know what works
best for you, but here
are some tips: wash your
hands (bacteria spread
quickly!), brush your
teeth, use deodorant if
you need it or bring a set
of extra clothes.

You're here
for **YOU**

There's no harm in
skipping a dance.



Make sure you don't bother
other people with use of
alcohol, smoking, etc.

Drink
enough
water.



Take care
of your own
physical and
emotional
limits.

**WANT TO
LEAD / FOLLOW / BOTH?
STATE YOUR PREFERENCE!**

→ both followers and
leaders may take the
initiative to ask someone
to dance :)

WHILE DANCING:

Everybody is here to have a good time.
Be careful with giving feedback; it might be unwanted.

**DANCING IS
SOMETHING YOU
DO TOGETHER.**

Take note of the style
and body language of
your dance partner(s)
and make sure that
it is **comfortable**
for everyone.

→ If anything in the dance hurts or is annoying
you, communicate it to your partner directly.
→ If you bother or hurt someone, please apologise.

Search for a dance
position that **feels
good for both of you.**
For example, don't
assume that everybody
likes to dance very
close to each other.



always ask (non-
verbally) if and
where you may join a
group dance

DANCE FLOOR:

**BE MINDFUL OF
THE WHOLE SPACE**

Don't just carry out **risky
movements**: be mindful of
your partner, and the space
and dancers around you.

**COMMON
DANCE
DIRECTION:**



In most couple dances,
fast-moving couples
dance on the outside lane
& others in the middle of
the dance floor.

HAVE A LOT OF FUN & SEE YOU ON THE DANCE FLOOR!

this poster was created as a result of the Balfolkfabriek Network day. Questions? info@balfolk.nl

(space for contact info for this event)

DO YOU FEEL UNSAFE OR DID YOU HAVE A BAD EXPERIENCE? PLEASE DON'T HESITATE TO SPEAK UP! EITHER TALK TO THE PEOPLE THAT BOTHER YOU, CONFIDE IN FRIENDS, OR ASK FOR ONE OF THE ORGANISERS OF THE EVENT. THERE'S ALWAYS SOMEONE WILLING TO LISTEN.